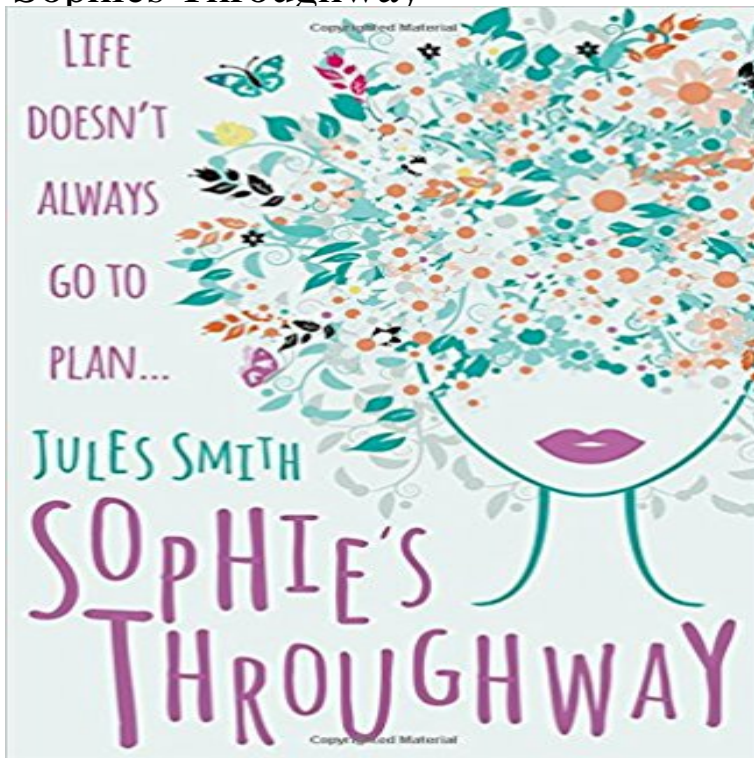


## Sophies Throughway



A unique novel that explores the effect Aspergers has, not only on the individual, but on the family unit as a whole. Sophie needs to find a way to balance the chaotic route she has been forced to walk down...a son she cannot control - diagnosed with Aspergers and PDA (Pathological Demand Avoidance), coinciding with the onset of raging hormones; a daughter she has to ensure gets attention so she doesn't feel left out; and an ex-husband who comes and goes as he pleases. At the same time, Sophie struggles to hold down her job as an interiors writer for a magazine. Her rambling house is in desperate need of upkeep - her garden is full of overgrowing plants; there's no end of laundry, cleaning and cooking and there's not nearly enough money. Only wine, chocolate and good friends keep Sophie from tipping over the edge. That, and the mysterious voice of her cyber love. Could he be the saviour she's been waiting for? Or has he been in front of her the whole time? Told from the perspective of a mother who has to battle through life on a daily basis - fighting hard to keep her son in school, dealing with her marriage breaking up, giving her daughter her attention, maintaining her job and exploring her future love life. *Sophies Throughway* is a heartwarming read, written to inspire empathy and compassion within the reader, as well as increasing understanding for a condition that does not have enough public recognition.

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Maxine said: This book was written with an easy style and thereby very easy to read, I whizzed through **Sophies**

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