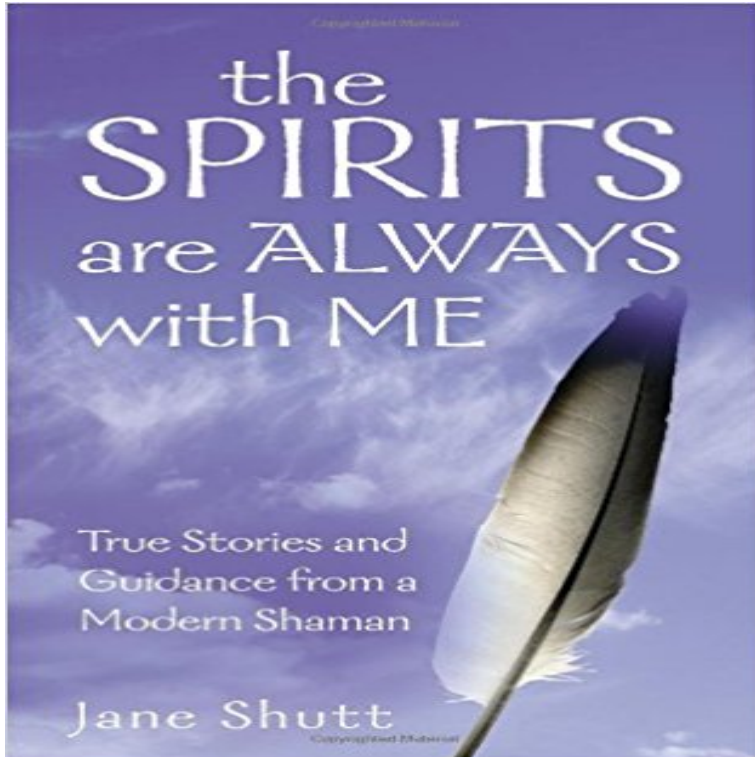


# The Spirits are Always with Me: True Stories and Guidance from a Modern Shaman



Jane Shutt is a down-to-earth Yorkshire woman who leads an extraordinary life as one of Britain's leading shamanic healers. Shamanism is an ancient spiritual path that exists all around the world; and a shaman uses his or her close affinity with nature and spirits to help those in need of healing. In *The Spirits are Always with Me*, Jane Shutt explains what shamanism really is, and how it is especially relevant to us in the modern world as we seek to connect with our roots and with our own sense of inner purpose. She shares her own incredible story and the stories of many of those who have come to her for help and healing.

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